



## **SEBB FSA Letter of Medical Necessity**

Certain medical expenses are not reimbursable under a Medical Flexible Spending Arrangement (FSA) or a Limited Purpose FSA unless a licensed health care professional states that the service or product is medically necessary. These expenses require a Letter of Medical Necessity (LMN) before they can be reimbursed.

Have your licensed health care professional complete the LMN if your claim has been denied or you think it might be denied. A doctor's letter satisfying all the required fields in the LMN is also acceptable.

IRS Regulation Section 1.213(e)(1) defines "medical care" to include amounts paid for the diagnosis, cure, mitigation, treatment, or prevention of disease, or for the purpose of affecting any structure or function of the body.

Some services or products do not always treat a medical condition. For example:

- General vitamins and dietary supplements
- Cosmetic procedures and products (Medical FSA only)
- Weight loss programs (Medical FSA only)
- Dental veneers
- Dental crowns

You can find a complete list of expenses that require an LMN at [sebb.naviabenefits.com/benefits/expenses](http://sebb.naviabenefits.com/benefits/expenses).

According to the IRS, "[an] expenditure which is merely beneficial to the general health of an individual" does not qualify as an eligible expense. For example, vitamins and dietary supplements are not eligible expenses because they only support general good health.

However, there are exceptions to the above rules. Examples:

- Vitamin C would be eligible for reimbursement if your doctor diagnosed scurvy and prescribed vitamin C as a treatment.
- Calcium supplements would be eligible for reimbursement if your doctor diagnosed osteoporosis and prescribed calcium for a treatment.
- Certain weight loss medications would be eligible for reimbursement if your doctor prescribed them to treat a medical condition such as obesity.

Navia Benefit Solutions requires that the proper documentation support your Medical FSA or Limited Purpose FSA claims and does not consider the sufficiency or substance of the letter. If your letter is incomplete, your claim will be denied until the proper documentation is provided.

## **WA State SEBB Letter of Medical Necessity**

### **Section I: Employee Information**

Employee Name: \_\_\_\_\_ Date: \_\_\_\_\_

School District, ESD, or Charter School Name \_\_\_\_\_

### **Section II: Medical Information (required) – To be completed by a licensed health care professional**



Patient Name: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Treatment Start Date (mm/dd/yyyy) \_\_\_\_\_ End Date (mm/dd/yyyy) \_\_\_\_\_

Procedure (CPT) Code: \_\_\_\_\_

Describe the **medical condition**, the **treatment you recommend**, and **how such treatment relates** to the medical condition.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Provider's Signature: \_\_\_\_\_

Clinic/Hospital/Office Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_